









A Rehabilitation Centre helping persons with severe mental illness to recover







ASHA Halfway Home

Established in 1989, ASHA Halfway Home, situated in Bengaluru's Jayanagar suburb, is dedicated to providing psychosocial rehabilitation for adults facing challenges such as Schizophrenia, Bipolar Affective Disorder, Major Depressive Disorder and Obsessive-Compulsive Disorder. The facility operates with a mission to reintegrate clients into their families and society, emphasising structured lifestyles, medication adherance, personal hygiene, interpersonal relationships, healthy work habits, and effective money/time management.

The therapeutic programme at ASHA is designed to let residents develop a sense of responsibility and accountability, covering individual, and family therapy, group activities and vocational training.

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